



Dunboyne Ladies Gaelic Football Club



The Square Ball Rule

The idea

The idea of the "Square Ball" rule is to prevent players waiting for the ball inside the small rectangle or "parallelogram" (which is just in front of the goal).

The Rule

Should an **Attacking** player be within the small square (or parallelogram), which is just in front of the goal, before the ball enters it during the play, the **Defending Team** will be awarded a free out from within the small rectangle.

NOTE 1: An **Attacking** player is allowed to enter the small rectangle while carrying the ball.

NOTE 2: An **Attacking** player is allowed to enter the small rectangle **AFTER** the ball has already entered the small rectangle.

Should an **Attacking** player enter the small rectangle / parallelogram **after** the ball, and the ball is then cleared from the area **but** is returned before an **attacking** player has had time to leave the area, then there is no free out **PROVIDED** she does not play the ball or interfere with the defense.